

## WHEN TO VISIT YOUR PROVIDER'S OFFICE

## OR VIRTUAL CARE

### For care and treatment of non-urgent issues

Your provider gives routine care and treatment when it is not an emergency. And your provider is the most familiar with your medical history.



Animal or Insect Bite



High Blood Pressure



Sore Throat



Cold & Flu Symptoms



Lower Back Pain



Tooth Pain



Diabetes



Pink Eye



Urinary Tract Infection



Gastrointestinal Issues



Rashes

## WHEN TO VISIT URGENT CARE

## OR VIRTUAL CARE

### For immediate needs, but not life-threatening

Urgent care can treat any health problem quickly that is not an emergency. Urgent care has evening and weekend hours when your primary care provider may not be available.



Ear Pain



Stitches



Animal or Insect Bite



Cold & Flu Symptoms



Lower Back Pain



Pink Eye



Rashes



Sore Throat



Sprains & Strains



Tooth Pain



Urinary Tract Infection

## WHEN TO VISIT AN EMERGENCY ROOM

### For any life or death emergency or urgent after-hours need (open 24/7)

You should follow up with your primary care provider after a visit to an emergency room.



Allergic Reactions



Chest Pain



Seizures



Babies Needing Immediate Care



Drug Overdose or Poisoning



Serious Eye or Head Injuries



Bad Falls (for Seniors)



Heart Attack Symptoms



Severe Abdominal Pain



Breathing Problems



High Fevers



Severe Burns



Broken Bones



Rapid Bleeding



Stroke Symptoms

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