

Community Health & Well-Being Impact Report

TRINITY HEALTH GRAND RAPIDS



Caring for Kent County Communities

Community Health & Well-Being Mission

Community Health & Well-Being (CHWB) promotes optimal health for people experiencing poverty and other vulnerabilities in our communities – emphasizing the necessity to integrate social and clinical care. Our approach addresses social necessities and actively combats systemic racism, leading us forward to diminish health inequities.

Strengthen
Community
Benefit Impact

Address
Patient
Social Needs

Invest in
Our
Communities

STRENGTHEN COMMUNITY BENEFIT IMPACT



Community Health Needs Assessment and Implementation Strategy

Trinity Health Grand Rapids partnered with the Kent County Health Department and health systems in Kent County to conduct a joint 2024 Community Health Needs Assessment (CHNA). A primary goal was to improve equity in data. Priority populations sought during the data collection process included LGBTQ+, Black or African American, Hispanic or Latine, older adults, immigrants/refugees, Asian, American Indian Alaska Native, veterans, individuals with disabilities, and individuals living in rural areas. The top three priorities identified were:

- **Housing**
- **Health Insurance**
- **Access to Medical Care**

For a more in-depth explanation of the CHNA and Implementation Strategy, [click here to see the Trinity Health Grand Rapids CHNA report](#) or visit TrinityHealthMichigan.org/CHWB.

ADDRESS PATIENT SOCIAL NEEDS



Community Interventions

Community interventions are hospital-based services, programs, and activities that promote health and healing as a response to identified community needs. They improve access to health care by addressing social influencers of health. Some examples of our community interventions include:



Produce Prescription Program: Trinity Health Grand Rapids provided fresh produce to individuals experiencing food insecurity. More than 100 households enrolled; 87% of whom reported an annual household income of less than \$40,000. More than \$10,000 in fresh produce was provided to participants in FY24.



Community Health Workers (CHWs): CHWs supported more than 3,000 individuals in addressing social needs, accessing health care, linking to community resources, and navigating systems. CHWs assisted patients in filling more than 1,800 prescriptions through the Trinity Health Prescription Assistance Program.



Maternal Infant Health Program (MIHP): A home-visiting nurse and social worker program for pregnant women and infants. Evaluations found that participants reduced the incidence of preterm birth. MIHP served 512 women and infants in FY24.



Strong Beginnings: A CHW program serving pregnant and parenting women who identify as African American, Black, Hispanic, or New American from Africa. In FY24, Strong Beginnings served 227 women and infants.



Women Infants and Children (WIC): The WIC program at Clinica Santa Maria addresses the nutritional needs of pregnant and breastfeeding women, and children up to age 5. The program served approximately 700 women and children per month.

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INVEST IN OUR COMMUNITIES



Grants

Trinity Health Grand Rapids provided Community Impact Grants totaling nearly \$250,000 to community-based organizations addressing food insecurity and health conditions related to nutrition. Grant-funded programs reported outcomes such as:

- **Heartside Gleaning:** Provided 100 families with 20 pounds of fresh produce every other week. Saw 20% increase in participant use of SNAP (Supplemental Nutrition Assistance Program); 85% increase in participant knowledge of cooking with a new produce; and 83% of participants decreased their worry about meeting monthly food expenses.
- **Hispanic Center of Western Michigan:** Improved health literacy and wellness among Latine families while providing culturally-relevant and healthy recipes.
- **Community Food Club:** Nearly 16,000 unique individuals were served. 69% of Food Club households increased or maintained a healthy level of food security; and 90% of households reported eating more produce.
- **National Kidney Foundation of Michigan:** Conducted nine workshops in West Michigan, serving 152 participants. Grant funds were also used to translate an evidence-based high blood pressure curriculum into Spanish.

Charitable Contributions and In-Kind Support

Heartside Landings Supportive Transitional Housing Program: In partnership with Degage Ministries, Trinity Health Grand Rapids provided a reduced-cost lease for a hospital-owned building and donated more than \$200,000 in furnishings to support 30 women who were unhoused. There was a decrease of more than 84% in calls to EMS through this program and 100% of the residents remained housed.



Participants pick up complimentary produce through the Produce Prescription Program.



Community Resource Directory

Find and connect with free and reduced-cost health resources and social services in your area or anywhere in the U.S.

Click here to view the [communityresources.trinity-health.org](https://www.trinity-health.org/communityresources)



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Click here or visit [trinityhealthmichigan.org/about-us/community-health-and-well-being](https://www.trinityhealthmichigan.org/about-us/community-health-and-well-being)

